

## Selected Diabetes Information Resources for Hispanic/Latino Americans

Am I at Risk for Type 2 Diabetes? (National Diabetes Information Clearinghouse)

**Also Available in Spanish**

<http://diabetes.niddk.nih.gov/dm/pubs/riskfortype2/index.htm>

<http://diabetes.niddk.nih.gov/spanish/pubs/riskfortype2/index.htm>

Controle la diabetes por su vida y de por vida. Consejos para ayudarlo a sentirse mejor y a mantenerse saludable (National Diabetes Education Program)

[http://ndep.nih.gov/diabetes/pubs/Tips\\_Consejos\\_para\\_ayudarlo.pdf](http://ndep.nih.gov/diabetes/pubs/Tips_Consejos_para_ayudarlo.pdf)

The Diabetes Epidemic Among Hispanic and Latino Americans (National Diabetes Education Program)

[http://ndep.nih.gov/diabetes/pubs/FS\\_HispLatino\\_Eng.pdf](http://ndep.nih.gov/diabetes/pubs/FS_HispLatino_Eng.pdf)

Diabetes Facts and Figures Among Latinos (National Council of La Raza)

[http://www.nclr.org/section/diabetes\\_statistics](http://www.nclr.org/section/diabetes_statistics)

La Diabetes y los Latinos (American Diabetes Association)

[http://www.diabetes.org/espanol/default.jsp?WTLPromo=HEADER\\_espanol&vms=171729768114](http://www.diabetes.org/espanol/default.jsp?WTLPromo=HEADER_espanol&vms=171729768114)

Hispanic/Latinos and Diabetes (National Institute of Diabetes and Digestive and Kidney Diseases) (Spanish)

[http://www.ndep.nih.gov/diabetes/pubs/FS\\_HispLatino\\_Sp.pdf](http://www.ndep.nih.gov/diabetes/pubs/FS_HispLatino_Sp.pdf)

Una hoja informativa en español sobre Hispanos/Latinos acerca de la diabetes.

Latino Diabetes Initiative (Joslin Diabetes Center, Boston MA)

<http://www.joslin.org/3250.asp>

Joslin Diabetes Center launched the Latino Diabetes Initiative in July 2002. The Latino Initiative is part of the world renowned Joslin Clinic.

MedlinePlus

<http://www.medlineplus.gov/>

MedlinePlus will direct you to information to help answer health questions. MedlinePlus brings together authoritative information from NLM, the National Institutes of Health (NIH), and other government agencies and health-related organizations. Preformulated MEDLINE searches are included in MedlinePlus and give easy access to medical journal articles. MedlinePlus also has extensive information about drugs, an illustrated medical encyclopedia, interactive patient tutorials, and latest health news. Many resources are available in both English and Spanish, and some Easy-to-Read links target low-literacy or visually impaired users. MedlinePlus contains no promotional or advertising links.

GoLocal links on MedlinePlus health topic pages take you to information about health services in local geographic areas, including hospitals, physicians, nursing homes, support groups, health screening providers and many others.

Diabetes

<http://www.nlm.nih.gov/medlineplus/diabetes.html>

This provides a good starting point from which to identify resources on diabetes for the person who has just been diagnosed with the disease. Sections include Basics, covering Overviews, Latest News, Diagnosis/Symptoms, Treatment, And Prevention/Screening; Learn More, focusing on Alternative Therapy, Nutrition, Coping, Disease Management, Specific Conditions, and Related Issues; Multimedia & Cool Tools, including Health Check Tools and Tutorials; Research, covering Financial Issues, Clinical Trials, Genetics, Research, and Journal Articles; Reference Shelf, containing Dictionaries/Glossaries, Directories, Organizations, Newsletters/Print Publications, Law & Policy, and Statistics; and For You, in which resources focus on specific population groups, including Children, Women, Men, Seniors, and information in Other Languages.

Diabetes - Introduction *Interactive Tutorial* (Patient Education Institute) - Requires Flash Player

**Also available in Spanish**

<http://www.nlm.nih.gov/medlineplus/tutorials/diabetesintroduction/htm/index.htm>

<http://www.nlm.nih.gov/medlineplus/spanish/tutorials/diabetesintroduction/spanish/htm/index.htm>

Diabetes Overview *NIH* (National Institute of Diabetes and Digestive and Kidney Diseases)

<http://diabetes.niddk.nih.gov/dm/pubs/overview/>

Your Guide to Diabetes: Type 1 and Type 2 *Easy to Read NIH* (National Institute of Diabetes and Digestive and Kidney Diseases)

**Also available in Spanish**

<http://diabetes.niddk.nih.gov/dm/pubs/type1and2/>

<http://diabetes.niddk.nih.gov/spanish/pubs/type1and2/index.htm>

**Minority Women's Health – Hispanic American/Latinas – Diabetes** (National Women's Health Information Center)

<http://www.4woman.gov/minority/hispanicamerican/diabetes.cfm>

El Poder de Controlar la Diabetes Está en Sus Manos

<http://ndep.nih.gov/diabetes/pubs/NDEP-Brochure-Spanish.pdf>

Si usted tiene diabetes, ¿sepa los niveles de azúcar en su sangre! (National Diabetes Education Program)

[http://ndep.nih.gov/diabetes/pubs/KnowYourNumbers\\_Spanish.pdf](http://ndep.nih.gov/diabetes/pubs/KnowYourNumbers_Spanish.pdf)

7 Principios para Controlar la Diabetes de por Vida (National Diabetes Education Program)

<http://ndep.nih.gov/diabetes/pubs/7principios.pdf>